



KALEIDOSCOPE



Out and About Newsletter

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What We Do

Kaleidoscope is a community-based LGBTQIA+ program that offers monthly meetings and ongoing virtual platforms in a welcoming atmosphere where teens and young adults like you can find support, guidance, and a sense of community.

Kaleidoscope provides a safe, supportive environment for queer and allied teens and young adults to gather, socialize, organize, and help each other!

See the CALENDAR on the next page for meeting dates and times!

Below is more information and new program offerings.

Interested in Joining?
Email us at:

kaleidoscope@centerffs.org

To stay up to date on upcoming events and community resources, follow Kaleidoscope on Facebook!



https://www.facebook.com/ KaleidoscopeNJ/ "I enjoy helping to create safe spaces for the LGBTQ+ community. They deserve an affirming environment where they can express every part of who they are and be celebrated for it."

> -Kaleidoscope Advocate

ANNOUCEMENTS

Are you a student at Rider University?

Kaleidoscope has partnered with Rider to offer monthly Kaleidoscope meetings on campus every last Thursday of the month, from 11:30am-1pm. These meetings are open to young adult students at Rider, ages 18-24!

Stop by our safe space to meet LGBTQ+ peers!



We are excited to share that we are now offering meetings in Mercer County!

There will be three different groups:

- Teen Group (occurs on the first Thursday of every month from 6-8pm)
- Young Adult Group (occurs on the last Thursday of every month from 6-8pm)

This month, we're launching quarterly Kaleidoscope Out and About Events in lieu of those months' meetings!

In October, we're joining our teens and young adults out in the community. For the young adults, we'll be crashing a mocktail bar on October 11th, and for the teens, we'll be singing our hearts out at karaoke on October 25th!

Come to have fun, meet new friends, or just hang. <u>DM or email us for more information about any of these announcements!</u>

October 2024 Happy LGBTQ+ History Month!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	Mercer County Youth Meeting 6-8pm	4	5
6	7	8	9	10 Essex County Youth Meeting 5:30-7pm	11 Camden County Young Adult Out and About Event 6-8pm National Coming Out Day	12
13	Sussex County Youth Meeting 5:30-7pm	15	16 International Pronouns Day	17 Spirit Day	18 Moorestown Pride Festival	19
20 Asexual Awareness Week	21 Morris-Sussex County Youth Meeting (Virtual) 5:30-7pm	22	23	Essex County Youth Meeting (Virtual) 5:30-7pm	25 Camden County Youth Out and About Event 6-8pm	26 Intersex Awareness Day
27	28 Morris County Youth Meeting 5:30-7pm	29	30	31 Rider University Young Adult Meeting 11:30am-1pm Mercer County Young Adult Meeting 6-8pm		

- October 3rd: Mercer County Youth Meeting. Meetings are open to youth ages 12-17 and will be from 6-8pm.
- October 10th: Essex County Youth Meeting. Meetings are open to youth ages 13-18 and will be from 5:30-7pm.
- October 11th: Camden County Young Adult Out and About Event.
 Events are open to young adults ages 18-24 and will be from 6-8pm out in the community.
- October 14th: Sussex County Youth Meeting. Meetings are open to youth ages 13-18 and will be from 5:30-7pm.
- October 21st: Morris and Sussex Youth Meeting (Virtual). Meetings are open to youth ages 13-18 and will be from 5:30-7pm.
- October 24th: Essex County Youth Meeting (<u>Virtual</u>). Meetings are open to youth ages 13-18 and will be from 5-7pm.
- October 25th: Camden County Youth Out and About Event. Events
 are open to youth ages 12-17 and will be from 6-8pm out in the
 community.
- October 28th: Morris County Youth Meeting. Meetings are open to youth ages 13-18 and will be from 5:30-7pm.
- October 31st: Rider University Young Adult Meeting. Meetings are open to students of Rider University ages 18-24 and will be from 11:30am-1pm.
- October 31st: Mercer County Youth Meeting. Meetings are open to young adults ages 18-24 and will be from 6-8pm.

LGBTQIA+ HISTORY

Happy LGBTQ+ History Month!

"In 1994, Rodney Wilson, a Missouri high school teacher, believed a month should be dedicated to the celebration and teaching of gay and lesbian history, and gathered other teachers and community leaders. They selected October because public schools are in session and existing traditions, such as (National) Coming Out Day (October 11), occur that month." In October, we also celebrate International Pronouns Day, Spirit Day, Asexual Awareness Week, and Intersex Awareness Day.

Like Pride Month, which takes place in June, this month-long celebration gives us an opportunity to reflect, learn, and support each other!

Stay tuned to <u>lgbthistorymonth.com</u> to learn about one new 2024 queer icon featured each day in October.

Thank you to our Kaleidoscope teens, young adults, parents, donors, and supporters. We are proud of our Kaleidoscope community, and lucky to be able to work with such amazing kids and adults. We wouldn't be here without your support!



Your support enables us to provide safe spaces for youth and young adults in need of affirmation of their identity! Follow our Facebook, @KaleidoscopeNJ, to stay up to date on resources, information, and events. DM us or email us at kaleidoscope@centerffs.org with any questions about our program or how we can best support you!

Visit the PRIDE Center's new Linktree to explore more resources using the QR code or link below!

Feel free to share this with anyone you think would benefit from it.

https://linktr.ee/pridecentercffs







Looking for ways to support Kaleidoscope and the queer community? Consider donating to our program, or visiting the resource below to learn more about what it means to be an ally! *More information on how to donate can be found at the end of this newsletter.*



BEING AN LGBTQ+ ALLY



https://reports.hrc.org/being-an-lgbtg-ally? ga=2.52062313.1341921333.1701987866 649665543.1697045446

COMMUNITY EVENTS & OPPORTUNITIES

Save the Date

Moorestown
Pride
Festival

Friday, 10/18/2024

6pm to 9pm
Wesley Bishop Park

Come visit Kaleidoscope at the Moorestown Pride Festival!

Stay tuned via our newsletters and our <u>Facebook</u> to get connected with events and opportunities in your community.

DM or email us with any questions!





Join Appel Farm Arts & Music Center for their celebration of arts and wellness for the Healthy HeARTS 5k on Saturday, November 2nd, from 10am-12:30pm!

Appel Farm, an arts education leader in South Jersey, is celebrating Fall with their third-annual Healthy HeARTS Festival. This event honors the wellness of mind, body and community through the arts, and is open to all ages, free of charge.

Register by October 11 to be guaranteed a shirt. For more information, or to volunteer for the event, visit the link below!

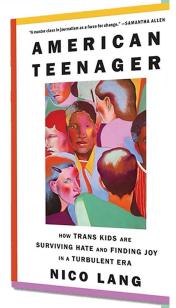
https://appelfarm.org/healthyhearts/

From award-winning journalist

NICO LANG:

A vivid and moving portrait of eight trans and nonbinary teenagers across the country





Available October 8th! Pre-order now!

Help is just a call away.

NJ PRISM, a statewide hotline providing information and referrals to New Jersey's LGBTQIA+ Community, offers resources including prevention and support services, medical care access needs, community safe space groups, advocacy and legal resources.

NOTE: The hotline is only live answered from 8am-6pm, Monday-Friday. If you call during hours of non-operation, you can leave a message that will be returned the next business day.

Get connected by calling 844.NJPRISM (657.7476) today!





You can make a difference in the lives of LGBTQIA+ youth and young adults.

Your gift in any amount will create a supportive, affirming environment for a young person seeking community with other members of the LGBTQIA+ community.

If you are interested in donating, scan the QR Code to access the Center for Family Services donation page. At the bottom of the page there is an option to select "Donate to a Specific Program" and you can note that you'd like your donation to be for Kaleidoscope.



