

# January 2025

622-624 S New York Rd  
 Galloway NJ 08205  
 609.652.0230 newday-fsc.org  
 We are located on the 508-bus route  
 Pre-Registration Required for Events

Hours will be Adjusted for Events

Monday 9AM- 4PM	Tuesday 9AM- 4PM	Wednesday 9AM- 4PM	Thursday 12PM- 7PM	Friday 9AM- 4PM	Saturday Varied
All services at our center such as printing, copying, faxing, & computer lab will be available with an appointment*Scan new QR code to access Eventbrite. newdaygalloway@gmail.com		1 Center Closed 	2 Zumba w/Jenny 4pm-5pm	3 Kwanzaa's Lunch & Learn 12pm-1pm 	4
6 Women Empowering Single Moms 6PM-7PM Adjusted Center Hours 12:30PM-7:30PM	7	8 	9 Three Kings' Day Celebration 5PM-6PM	10	11
13 	14 Self-Care Goodies 4 All (Pick-Up) 2pm-3pm	15	16 Healthy Eating with SNAP ED 5PM-6PM	17 Updated Center Hours: 1PM-4PM	18 
20 Happy Martin Luther King Jr.'s Day!! Center Closed	21 DIY Upcycled Bird Feeder (Pick-Up) 1PM-3PM	22 	23 Cheers & Chat 5:30PM-6:30PM	24	25 
27 Employment Assistance w/ One Stop Career Center 1PM-2PM	28	29 	30	31	

NewDayGalloway

NewDay\_FSC

\*Check Out the Back of the Calendar for More Details\*



A Program of Center for Family Services Funded Through the County of Atlantic by the New Jersey Department of Children and Families

Start a New Day for A Better Tomorrow  
January 2025  
Event Information

**Center Highlights**

**Kwanzaa's Lunch & Learn** - Join us on learning and enjoying a small lunch while we have our guest speaker read a book about Kwanzaa. You are welcome to share stories in a lively and enjoyable atmosphere. Come create a strong feeling of togetherness and pride in sharing a wonderful cultural time at your center, New Day!

**Women Empowering Single Moms** –Women play an integral role in our society, contributing significantly to our progress and innovation. Our monthly meetings provide a platform to explore and celebrate the myriad of ways woman impact our lives. Join us alongside Dr. Theresa in recognizing and honoring the essential role women play in holding our families together!

**Self-Care Goodies 4 all (Pick Up)** – Everyone deserves a little extra love! Planned Parenthood, AtlanticCare, and Absecon Veterinary Hospital will be providing resources and goodies for all. Your attitude is like a box of crayons that color your world, let us color your day with a little care box for you and your paw friends.

**Cheers & Chat**- For this month's chat, we will come together to brainstorm ideas about our center's future events. During the chat, we will enjoy a little taste of a cultural drink from Puerto Rico called "coquito." Come and enjoy this exquisite drink while sharing your ideas with us!

**Employment Assistance with One Stop Career Center**- Are you looking for a job or a career change? Atlantic County One Stop is available to assist you with your job search here at the center. Their services also include job assistance for seniors, vocational training, literacy training, and more. Please register for an appointment!

**Family Activities**

**DIY Upcycled Bird Feeder (Pick Up)** - Did you know that birds' diets vary with the season? As the small creatures begin to emerge in the spring, many birds begin to transition from winter food to insects. Then, as fall draws near, many trees and flowers are starting to wither, and there aren't many seeds for the birds to eat. We'll give you a simple and enjoyable do-it-yourself bird feeder that will benefit birds during winter. All supplies will be provided. Don't miss out on this pick up! \*Must be registered to participate for this event\*

**Three Kings' Day Celebration** – In celebration of Three Kings' Day, observed on Jan 6<sup>th</sup>, we will be sharing "rosca de reyes," a sweet bread with a figurine hidden inside, along with hot chocolate. Join us on learning and celebrating this beautiful tradition at New Day FSC.

**Healthy Eating with SNAP-ED** – Are you concerned about ways to eat healthy? Or making decisions about what you eat? How you prepare your food plays a role in eating healthy. Please join us for a cooking class with SNAP-ED, They will teach us how fun healthy eating can be!

**Zumba**- Zumba is a fantastic exercise that has various health benefits, including cardiovascular health, strength training for weight loss, flexibility and balance, and stress release. It is appropriate for all fitness levels and ages. Let's have some fun dancing and exercising while our zin, Jenny Vargas, motivates us with her Zumba moves.

**Employment**

**Employment Series:** We can help your job search with resume and cover letter review. Feel free to email your documents including the type of job you are seeking. You can email these documents to [newdaygalloway@gmail.com](mailto:newdaygalloway@gmail.com).

**Volunteer Opportunities:** Are you looking to contribute to the development of your community? Have a skill you want to share? You can help by hosting an event. You can make a difference for our families! Visit us to know more about our volunteering opportunities.

**Always Available**

**Virtual Community Advisory Chat:** Are there any events that you want to see at the center? Have ideas that you think families would enjoy? Have suggestions about past events to make them better? Want to give us feedback? Want to provide input on what the community needs? Join us and let us know what we can do to help make our community stronger.

**Resources:** We have variety of information, referrals, and linkages. Give us a call!

**¡Se Habla Español!**

**Our Location**

New Day Family Success Center  
622-624 S. New York Road  
Galloway, NJ 08205

(609) 652-0230 Check Out Our New Website!  
[newday-fsc.org](http://newday-fsc.org)

Register On 

