

370 Memorial Parkway,  
1st floor #4,  
Phillipsburg, NJ



# Living Proof

Recovery Centers

Living Proof Recovery Center of Warren County  
**Wednesday 12p—5p Thursday 9a—3p**  
**908.454.4470 Ext. 76306**  
**recoverycenter@centerffs.org**

## July 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>Closed</b>	2 <b>Closed</b>	3 SMART Recovery: DEADS Practice Stop your urges dead!	4 Independence from Addiction!	5 <b>Closed</b>	6 On Call: Carolyn 908-914-6938  Open Zoom Discussion 12:30pm-1:30pm
8 <b>Closed</b>	9 <b>Closed</b>	10 Writing Exercise - What is An Irritating Person?	11 Self-Esteem Bucket Art	12 <b>Closed</b>	13 On Call: Carolyn 908-914-6938  Open Zoom Discussion 12:30pm-1:30pm
15 <b>Closed</b>	16 <b>Closed</b>	17 Group Activity - First Impressions	18 Sobriety Checklist! Living Life to The Fullest Discussion	19 <b>Closed</b>	20 On Call: Carolyn 908-914-6938  Open Zoom Discussion 12:30pm-1:30pm
22 <b>Closed</b>	23 <b>Closed</b>	24 Muscles McGee : Working Out Your Triggers and Stressors	25 Outdoor Activity : A Walk in the Park Walters Park	26 <b>Closed</b>	27 On Call: Carolyn 908-914-6938  Open Zoom Discussion 12:30pm-1:30pm
29 <b>Closed</b>	30 <b>Closed</b>	31 Serenity? Yes Please - The Do's and Don'ts Of Control			

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**Month 20XX**

**Living Proof Recovery Center of Warren County**

**Monday - Friday 9:00am—5:00pm**

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