

# Free and Open to All of Atlantic County






INLAND

3050 Spruce Ave.

Egg Harbor Township, NJ 08234

(609) 569-0376 | inlandfsc@gmail.com

Monday 12:00pm-8:00pm	Tuesday 10:00am-5:00pm	Wednesday 10:00am-5:00pm	Thursday 10:00am-5:00pm	Friday 10:00am-4:00pm	Saturday Varies
 <b>SCAN ME!</b>		 @inlandfsc	 @inlandeht	1	2  <b>Meet us at: Family Fall Fest 3:00-6:00PM *flip for address*</b>
4  <b>Yoga &amp; Meditation with Tarak 5:00-6:00PM</b>	5	6  <b>LEGO Day 3:30-4:30PM</b>	7	8  <b>Coffee &amp; Donuts for Veterans 11:00AM-12:00PM</b>	9
11 <b>*Center Closed*</b>  	12	13 <b>Employment Café with Atlantic County One-Stop 1:00-2:00PM</b> <b>—</b> <b>Whisking Up Fall Flavors with SNAP-Ed 4:00-5:00PM</b>	14	15  <b>Baby &amp; Me Resource Fair with NJ4S 12:00-1:30PM</b> <i>*baby supplies giveaway!*</i>	16
18  <b>Inland's Seasonal Paint Series 5:00-6:00PM</b>	19	20	21	22  <b>Feminine Supplies &amp; Resources Kit</b> <i>*pick up at the center!*</i> <b>11:00AM-2:00PM</b>	23
25  <b>Inland's Community Club 5:30-6:30PM</b>	26	27	28 <b>*Center Closed*</b>  	29 <b>*Center Closed*</b>  	30/31

\*This calendar of events can be viewed on our Inland FSC Facebook Page (@inlandeht).\*

\*All services at Inland such as printing, copying, faxing & computer lab access are available by appointment only.\*

\*Face masks are *not* required upon entry to the building. If you need a mask, our staff can provide one for you.\*

# Free and Open to All of Atlantic County

# November

# 2024



INLAND  
Event  
Information

Call to schedule an appointment with us  
at 609-569-0376 or email us at  
[inlandfsc@gmail.com](mailto:inlandfsc@gmail.com)

Monday: 12:00PM-8:00PM

Tuesday-Thursday: 10:00AM-5:00PM

Friday: 10:00AM-4:00PM

## Center Highlights:

**Feminine Products & Resources Kit:** Period poverty affects millions of individuals, limiting access to essential menstrual products and impacting health, education, and overall well-being. To combat this issue, Inland FSC is giving away feminine kits, complete with essential products and resources. Sign up to reserve your kit today! **\*Only those who registered will receive a kit.\***

**Yoga & Meditation with Tarak:** Find your Zen with our very own community yogi, Tarak! He will guide you through some yoga poses and meditation techniques to help relieve your holiday stress.

**Employment Café with Atlantic County One-Stop:** Are you in search of employment or employment-related services? Atlantic County One-Stop Career Center visits Inland once a month to assist you with a personalized job search, interview advice, resume building, and more over a hot cup of coffee! Sign up today and take advantage of these valuable employment services.

**Inland's Community Club:** We are extremely grateful for our dedicated community members this giving season. Share your thoughts and ideas for future events at Inland FSC during our Community Club meeting.

**Baby& Me Resource Fair with NJ4S:** Stop by Inland FSC to learn more about programs, information and resources for mothes with infants. Parents must collect signatures from all vendors before receiving baby supplies. **\*Those who participate must bring a birth certificate or their baby to receive a bundle of essential baby items.**

## Resources:

**Resources:** Call us at 609-569-0376 or visit us to get more information on resources in your area!

**Volunteering:** Share your talents with us and your fellow community members! Learn about all the wonderful volunteer opportunities that we have to offer at our center by emailing us at [inlandfsc@gmail.com](mailto:inlandfsc@gmail.com)!

## Family Activities:

**Inland's Seasonal Paint Series:** Create a masterpiece at Inland FSC! We'll provide all the materials you need, along with supportive guidance every step of the way. Whether you're a seasoned artist or just starting out, this event promises to be a fun and inspiring experience. Space is limited, reserve your spot today!

**Family Fun Night with SNAP-Ed:** Looking to spice up your family's weekly menu with a healthy new recipe? Join us for this event! Our SNAP-Ed educators will demonstrate a delicious recipe that encourages healthy eating habits at home.

**Coffee & Donuts for Veterans:** With Veterans Day just around the corner, we want to show our appreciation for the brave individuals who served our country! Visit us at the center for a complimentary hot cup of coffee, delicious treats, and an opportunity to make some patriotic art.

**LEGO Day:** LEGO Day is back at Inland! This is a fantastic opportunity for kids to unleash their imagination and build to their heart's content. Join us for a day of creative free play and a themed craft to take home.

**Family Fall Fest:** Join Atlantic County Family Support Organization for a Fall Family Fun Day, a fantastic event filled with exciting activities for all ages! Enjoy indoor sensory play, arts and crafts, yard games, inflatables, delicious food, and prizes! Come together for a day of laughter, creativity, and community spirit. We hope to see you there!

**Address:** The Yale School  
1000 Burton Ave, Northfield, NJ 08225

## Always Available:

**Employment Assistance:** Our friendly staff is more than happy to assist you with creating and/or updating your resume, assist with job search, and provide interview advice. Feel free to email us your documents including the type of job you are seeking or the job posting you are interested in. You can email these documents to [inlandfsc@gmail.com](mailto:inlandfsc@gmail.com).

**Inland's Community Club:** We want to hear from you! Register on Eventbrite or give us a call at 609-569-0376 to be a part of Inland's Community Club.



Register on:

Eventbrite