Free and Open to All of Atlantic County



2024



3050 Spruce Ave. Egg Harbor Township, NJ 08234 (609) 569-0376 | inlandfsc@gmail.com

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Monday 12:00pm-8:00pm	Tuesday 10:00am-5:00pm	Wednesday 10:00am-5:00pm	Thursday 10:00am-5:00pm	Friday 10:00am-4:00pm	Saturday Varies
1 Family Movie Night 5:00-7:00PM	Ice Pops & Fire Safety with Jean Rose 4:00-5:00PM	3	*Center Closed* Huppy ***********************************	5	Fourth of July Bingo 10:00-11:00AM
Yoga & Meditation with Tarak 5:00-6:00PM	9	Employment Café with Atlantic County One-Stop 1:00-2:00PM	Skin Cancer Awareness with Premier Surgical Network 4:00-5:00PM	*Center Closed for Staff Training*	13
15 Inland's Community Club 5:30-6:30PM	16	Baby Supplies & Resources Kit 11:00AM-2:00PM *pick up at center!*	18	19	20
INLAND	KIDS	SUMMER	CAMP!	*Center Closed*	27
DISABILITY PRIDE MONTH	30	31 Family Fun Night with SNAP-Ed 4:00-5:00PM	■ ★ ↓ ■ ■ ↓ ↓ ■ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓	@inlandeht	@inlandfsc

This calendar of events can be viewed on our Inland FSC Facebook Page (@inlandeht).

All services at Inland FSC such as printing, copying, faxing, and computer lab access are available by appointment only.

Face masks are not required upon entry to the building. Masks are kindly provided by staff if needed.

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Call to schedule an appointment with us! 609-569-0376 or email us at inlandfsc@gmail.com

Monday: 12:00pm-8:00pm

Tuesday-Thursday: 10:00am-5:00pm

Friday: 10:00am-4:00pm

Event Information

Center Highlights:

Fire Safety with Jean Rose: When was the last time you updated your family's fire safety plan? Jean Rose from Connecting NJ joins us at Inland to talk about fire safety tips to keep you and your family safe. We will also enjoy a refreshing summer treat!

<u>Yoga & Meditation with Tarak</u>: Our community yogi Tarak will walk us through an authentic yoga routine along with a brief meditation session to find your inner Zen.

Skin Cancer Awareness with Premier Surgical Network: Skin cancer is the most common type of cancer in the United States. Learn how to prevent harm to your skin this summer so you can focus on having fun in the sun.

Employment Café with Atlantic County One-Stop: Summer is here! Are you in need of employment? Atlantic County One-Stop Career Center visits Inland once a month to assist you with employment, job searching, resumes, and much more. Enjoy a fresh cup of coffee and chat about the opportunities near you!

Baby Supplies & Resources Kit: One in three U.S. families experience diaper need according to the National Diaper Bank Network. Stop by Inland to receive a bundle of baby essentials and some resources about maternity and childhood development. *Only those who register will receive a supply kit.* *A copy of birth certificate or the child must be present when you arrive to pick up.*

Resources:

Resources: Call us at 609-569-0376 or visit us (appointment **only** every Monday-Friday) to get more information on resources in your area!

<u>Volunteering:</u> Share your talents with us and your fellow community members! Learn about all the wonderful volunteer opportunities that we have to offer here at our center by emailing us at inlandfsc@gmail.com!

Family Activities:

Fourth of July Bingo: Happy 4th of July! Join us at Inland for a couple of family-friendly rounds of bingo to celebrate.

Family Movie Night: Enjoy a night of quality family bonding time with delicious refreshments and a great film on the big screen!

Family Fun Night with SNAP-Ed: Discover healthy recipes that the whole family will love! A SNAP-Ed educator will join us to walk us through a new recipe with a hands-on, kid-friendly cooking demonstration. Sign up on Eventbrite and be a part of the fun!

Inland Kids Summer Camp Grades 4-6: Get your child involved for the summer at Inland's Kids Summer Camp! Each day will be filled with fun, enriching games and activities to help build your child's fundamental life skills. Breakfast, lunch, and snacks will be provided each day. If you are interested and/or have any questions, please feel free to contact us at (609) 569-0376 or via email at inlandfsc@gmail.com.

<u>Inland's Community Club</u>: Want to be more involved with Inland FSC happenings? Come on down to Inland's Community Club! Once a month, Inland's community members meet to give feedback and discuss future event or workshop ideas. We would love to hear from you!

Always Available:

Employment Assistance: Our friendly staff is more than happy to assist you with creating and/or updating your resume, assist with job search, and provide interview advice. Feel free to email us your documents including the type of job you are seeking or the job posting you are interested in. You can email your documents to inlandfsc@gmail.com.

Inland's Community Club: We want to hear from you!
Register on Eventbrite or give us a call at 609-569-0376 to be a part of Inland FSC's Community Club. Share your ideas and suggestions with us!

Register on

