# Free and Open to All of Atlantic County



2025



3050 Spruce Ave Egg Harbor Township, NJ 08234 (609) 569-0376 | inlandfsc@gmail.com

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Sunday *Closed*	Monday 12-8PM	Tuesday 10AM-5PM	Wednesday 10AM-5PM	Thursday 10AM-5PM	Friday 10AM-4PM	Saturday *varies*
NOITH APPLICATION WOUTH APPLICATION WOUTH APPLICATION OF THE PROPERTY OF THE P	APRIL IS NATIONAL AUTISM AWARENESS MONTH	1	2	3	4 Lead & Healthy Homes Workshop 1:00-2:00PM	5
6	7 Yoga & Meditation with Tarak 6:00-7:00PM	8	9 Employment Café with Atlantic County One-Stop 1:00-2:00PM	10	11	Children's Health Fair! 12:00-2:00PM
Children's Health Fair **Rain Date** 12:00-2:00PM	First-Time Homebuyers Workshop 6:00-7:30PM	Spring Egg Dyeing with Dad 4:00-5:00PM	16	17	*Center Closed*	19
20	Spring Garden Paint Series 5:00-6:00PM	22	23	24	25 Wildflower Bloom Kits *pick up at the center! * 12:00-3:00PM	26
MEET US AT: ACUA Earth Day Festival! 10:00AM- 4:00PM	Walk for Autism Awareness Month 5:00-6:00PM	Navigating Financial Anxiety with AVANZAR 4:00-5:00PM	30	@inlandeht	@inlandfsc	SCAN ME!

\*This calendar of events can be viewed on our Inland FSC Facebook Page (@inlandeht).

\*All services at Inland FSC such as printing, copying, faxing & computer lab access are available by appointment only.

\*Face masks are optional upon entry to the building. Masks are kindly provided by staff if needed.

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Event Information

Call to schedule an appointment with us at: (609) 569-0376 or by email at: Inlandfsc@gmail.com

Monday: 12-8PM Tuesday-Thursday: 10AM-5PM

Friday: 10AM-4PM

## **Center Highlights:**

Lead & Healthy Homes Workshop: Join Inland FSC and The Cooperative for an informative session on healthy cleaning practices, the dangers of common harmful chemicals, and how product misuse can affect your home environment. Plus, you'll have the chance to win an exclusive Healthy Home Product Kit to kickstart your journey towards a cleaner, safer home!

Yoga & Meditation with Tarak: Enjoy our monthly Yoga and Meditation Workshop, where you can relax and recharge by connecting your mind, body, and soul. Our community yogi, Tarak, will lead you through beginner yoga poses and meditation techniques. Sign up today!

Employment Café with Atlantic County One-Stop: Stop by Inland FSC for a coffee and chat about local job opportunities with the Atlantic County One-Stop Career Center. Get one-on-one advice on employment, training, resume building, and more!

Walk for Autism Awareness Month: Promote Autism Awareness at Inland FSC with a heartwarming neighborhood walk! Together, let's raise awareness, foster inclusion, and show our support for individuals and families affected by autism. Lace up your shoes and bring the whole family for a brighter, more inclusive future!

Navigating Financial Anxiety with AVANZAR: Feeling overwhelmed by financial stress? Join AVANZAR's Displaced Homemakers Program for a free workshop on managing financial anxiety. Learn practical strategies to reduce stress, build resilience, and regain control over your finances

First-Time Homebuyers Workshop: Learn everything you need to know about buying your first home at our First-Time Homebuyers Workshop. From understanding financing options to navigating the homebuying process, Debbie Santiago and her team will guide you step by step. Get valuable tips, ask questions, and leave feeling confident and prepared for your homeownership journey!

#### **Resources:**

**Resources:** Call us at 609-569-0376 or visit us (appointment **only** every Monday-Friday) to get more information on resources in your area!

**Volunteering:** Share your talents with us and your fellow community members! Learn about all the wonderful volunteer opportunities that we have to offer here at our center by emailing us at <a href="mailto:Inlandfsc@gmail.com">Inlandfsc@gmail.com</a>!

### **Family Activities:**

Children's Health Fair: April is National Child Abuse & Neglect Prevention month. To help spread awareness, Inland FSC will be hosting our annual Children's Health Fair. Families can access valuable community resources, enter prize giveaways, and enjoy quality family fun time at this event. Fun activities, games, and refreshments for your entertainment will be provided. We can't wait to see you!

Spring Egg Dyeing with Dad: Get ready for some colorful fun! This spring, join us for a wholesome egg dyeing activity and let your little ones unleash their inner artists. Celebrate the season and make some memorable, colorful masterpieces at Inland FSC.

Wildflower Bloom Kits: Fill your neighborhood with color with your wildflower bloom kit! Sign up today to pick up your materials and instructions, then plant your kits in your garden. Watch them grow and create bursts of color in your yard!

**Spring Garden Paint Series:** Embrace the vibrant spirit of the season and get ready for a fun-filled evening with our spring-themed Family Paint Night series! Gather the family, unleash your creativity, and let the magic of spring come to life through your paintbrushes.

ACUA Earth Day: Meet us at ACUA's 33<sup>rd</sup> Annual Earth Day Festival! Enjoy local food and craft vendors while getting to know other organizations in the Atlantic County community. We hope to see you there!

Address: ACUA Environmental Park 6700 Delilah Road, Egg Harbor Township, NJ

### **Always Available:**

**Employment Assistance:** Our friendly staff is more than happy to assist you with creating and/or updating your resume, assist with job search, and provide interview advice. Feel free to email us your documents including the type of job you are seeking or the job posting you are interested in. You can email your documents to <a href="mailto:Inlandfsc@gmail.com">Inlandfsc@gmail.com</a>.

**Inland's Community Club:** We want to hear from you! Register on Eventbrite or give us a call at 609-569-0376 to be a part of Inland FSC's monthly Community Club. **Share your ideas and suggestions with us!** 



