

370 Memorial Parkway,
1st floor #4,
Phillipsburg, NJ



Living Proof
Recovery Centers

Living Proof Recovery Center of Warren County
Wednesday 12p—5p Thursday 9a—3p
908.454.4470 Ext. 76306
recoverycenter@centerffs.org

August 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Closed	31 Serenity? Yes Please - The Do's and Don'ts Of Control	1 SMART Recovery: Resisting Urges	Closed	2 3 On Call: Carolyn 908-914-6938 Open Zoom Discussion 12:30pm-1:30pm
5 Closed	6 Closed	7 Writing Exercise: What's a Label	8 Walter's Park - Phillipsburg 'Celebrate Recovery Barbeque!' (12p—4p)	9 Closed	10 On Call: Carolyn 908-914-6938 Open Zoom Discussion 12:30pm-1:30pm
12 Closed	13 Closed	14 Coffee Talk!	15 The Family in Addiction: 6 Roles in Addictive Households	16 Closed	17 On Call: Carolyn 908-914-6938 Open Zoom Discussion 12:30pm-1:30pm
19 Closed	20 Closed	21 Buddhist Recovery: Guided Meditation	22 Mindfulness in Daily Living	23 Closed	24 On Call: Carolyn 908-914-6938 Open Zoom Discussion 12:30pm-1:30pm
26 Closed	27 Closed	28 Overcoming Nicotine! Stop Smoking Guide	29 Benefits of Sobriety	30 Closed	31 On Call: Carolyn 908-914-6938 Open Zoom Discussion 12:30pm-1:30pm

370 Memorial Parkway,
1st floor #4,
Phillipsburg, NJ



Living *Proof*
Recovery Centers

Month 20XX

Living Proof Recovery Center of Warren County

Monday - Friday 9:00am—5:00pm

908.454.4470

recoverycenter@centerffs.org

