370 Memorial Parkway, 1st floor #4, Phillipsburg, NJ



## **Living Proof Recovery Center of Warren County Monday** 12-4 - **Wednesday** 12:30—5 - **Thursday** 10—3

908.454.4470 Ext. 76306

recoverycenter@centerffs.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	DISCUSSION Values	3 Trivia	4 On Call: Carolyn 908-914-6938 Closed	5 On Call: Carolyn 908-914-6938 Open Zoom Discussion 12:30pm-1:30pm
7 Closed	8 Closed	9 DISCUSSION Self-Care	10  Communication  Exercise	11 On Call: Carolyn 908-914-6938 Closed	12 On Call: Carolyn 908-914-6938 Open Zoom Discussion 12:30pm-1:30pm
14 Recovery Resources	15 Closed	DISCUSSION Nutrition	17 Trivia	18 On Call: Carolyn 908-914-6938 Closed	On Call: Carolyn 908-914-6938  Open Zoom Discussion 12:30pm-1:30pm
21 Recovery Resources	22 Closed	DISCUSSION Healthy vs. Unhealthy Coping Skills	24 Life JEAPORDY	25 On Call: Carolyn 908-914-6938 Closed	26 On Call: Carolyn 908-914-6938 Open Zoom Discussion 12:30pm-1:30pm
28 Recovery Resources	29 Closed	30 DISCUSSION Addictions Impact	May 1st  Lost at Sea  Activity	On Call: Carolyn 908-914-6938 Closed	On Call: Carolyn 908-914-6938  Open Zoom Discussion 12:30pm-1:30pm

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## **Living Proof Recovery Center of Warren County**

Monday - Friday 9:00am—5:00pm

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## **Month 20XX**